

Uge/Dag	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag	Aktivitet	Elite	Junior	Årgang	Talent	Minitalent	Parasport
52	22-12-25	23-12-25	24-12-25	25-12-25	26-12-25	27-12-25	28-12-25	Juleferie						
1	29-12-25	30-12-25	31-12-25	01-01-26	02-01-26	03-01-26	04-01-26	TRÆNINGSTART FOR ALLE HOLD DER NORMALT TRÆNER LØRDAG	x	x	x	x		
2	05-01-26	06-01-26	07-01-26	08-01-26	09-01-26	10-01-26	11-01-26	MV begynderstævne Vinderup				x	x	
3	12-01-26	13-01-26	14-01-26	15-01-26	16-01-26	17-01-26	18-01-26							
4	19-01-26	20-01-26	21-01-26	22-01-26	23-01-26	24-01-26	25-01-26	Skagerrak Swim Cup - Kristianssand	x	x				
5	26-01-26	27-01-26	28-01-26	29-01-26	30-01-26	31-01-26	01-02-26	Vejle Årgangscup / DÅM kortbane/Tr.saml PARA			x	x		x
6	02-02-26	03-02-26	04-02-26	05-02-26	06-02-26	07-02-26	08-02-26	Træningslejr - Titanic resort, Tyrkiet	x					
7	09-02-26	10-02-26	11-02-26	12-02-26	13-02-26	14-02-26	15-02-26	Årgang, Talent og Mini holder ferie - ingen træning	x					
8	16-02-26	17-02-26	18-02-26	19-02-26	20-02-26	21-02-26	22-02-26	MV begynderstævne Viborg	x			x	x	
9	23-02-25	24-02-25	25-02-25	26-02-25	27-02-25	28-02-25	01-03-25	Dragon Race - Holstebro	x	x				
10	02-03-26	03-03-26	04-03-26	05-03-26	06-03-26	07-03-26	08-03-26							
11	09-03-26	10-03-26	11-03-26	12-03-26	13-03-26	14-03-26	15-03-26	MV cup - Ikast - International Classification Italien			x	x		x
12	16-03-26	17-03-26	18-03-26	19-03-26	20-03-26	21-03-26	22-03-26	Vest langbane - Esbjerg	x	x				
13	23-03-26	24-03-26	25-03-26	26-03-26	27-03-26	28-03-26	29-03-26	Træningslejr						x
14	30-03-26	31-03-26	01-04-26	02-04-26	03-04-26	04-04-26	05-04-26							x
15	06-04-26	07-04-26	08-04-26	09-04-26	10-04-26	11-04-26	12-04-26	wedish Open Stockholm / Vest børn Medley - Jetsmark / Vest Årgang	x	x	x	x	x	
16	13-04-26	14-04-26	15-04-26	16-04-26	17-04-26	18-04-26	19-04-26	Danish Open - Bellahøj	x	x				
17	20-04-26	21-04-26	22-04-26	23-04-26	24-04-26	25-04-26	26-04-26	MV begynderstævne - Alheden				x	x	
18	27-04-26	28-04-26	29-04-26	30-04-26	01-05-26	02-05-26	03-05-26							
19	04-05-26	05-05-26	06-05-26	07-05-26	08-05-26	09-05-26	10-05-26	Vendia Cup - Hjørring/MV Cup Struer Paramesterskaber - Holstebro	x	x	x	x	x	x
20	11-05-26	12-05-26	13-05-26	14-05-26	15-05-26	16-05-26	17-05-26							
21	18-05-26	19-05-26	20-05-26	21-05-26	22-05-26	23-05-26	24-05-26	Århus Open/MARE NOSTRUM TOUR (MONACO/CANET/BARCELONA)	x	x				
22	25-05-26	26-05-26	27-05-26	28-05-26	29-05-26	30-05-26	31-05-26	Begynderstævne Herning / MN TOUR	x	x	x	x	x	
23	01-06-26	02-06-26	03-06-26	04-06-26	05-06-26	06-06-26	07-06-26	Aquarama Open - Norge		x	x			
24	08-06-26	09-06-26	10-06-26	11-06-26	12-06-26	13-06-26	14-06-26							
25	15-06-26	16-06-26	17-06-26	18-06-26	19-06-26	20-06-26	21-06-26	Aars Swim cup - aars		x	x	x	x	
26	22-06-26	23-06-26	24-06-26	25-06-26	26-06-26	27-06-26	28-06-26	DM Årgang - langbane - Hjørring			x			
27	29-06-26	30-06-26	01-07-26	02-07-26	03-07-26	04-07-26	05-07-26	DM Årgang - langbane - Hjørring			x			
28	06-07-26	07-07-26	08-07-26	09-07-26	10-07-26	11-07-26	12-07-26	DML Junior og Senior - Herning / EM para 8-12/7	x	x				x
29	13-07-26	14-07-26	15-07-26	16-07-26	17-07-26	18-07-26	19-07-26							

Mesterskaber med kravtider
Invitationsstævner
Ferier med særlig træningsplan
Midtvest stævner
Parasport Danmark

Træning i helligdagene kommer senere.